



Social group activities at People Matters



Specialist provider of social opportunities for young people & adults with learning disabilities.

We can work with people with mild to severe learning disabilities. Our people may also have other conditions such as

- Autism
- Mental Health needs
- Physical disabilities
- Epilepsy



Location – Based in Holbeck, close to public transport and 10 mins from Leeds city centre. Activities all take place within the community in Leeds and surrounding area

- Offer examples always available online
- Typically 2.5 hrs per week for 36-48 wks per year
- Evening (and some weekend social activities)
- Personal development & learning new skills embedded
- Supporting transition to adulthood through steps away from main carers and education settings
- Valuable source of weekday evening & Saturday respite for main carers



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Learning & Community Manager
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Young People – Heloise Hartley
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Quality

- Led by specialists including qualified social workers, youth workers, teachers & health professionals
- DBS checks and safeguarding a priority
- Provider for 14 years
- Funded by significant Big Lottery Grants for 5 years
- Innovation through person centred practice
- Decision making led by participants through co-production
- Recognised via Investors in People
- Partnership Working and in community

My name is Gavin I have been with People Matters for a year. Since joining I have calmed down a lot and it has helped me with my confidence and communication. I used to be really angry and stressed out but now I am really happy. I have made new friends and enjoy meeting new people sometimes the groups all meet up and have fun. I help my friend Lauren who is unsteady on her feet and always offer her my support.

I now help out in the office on a Wednesday when I have time. I take phone calls and pass messages on and help with the post.

